

# NOTE FROM KELLY

## CAISSA CONVERSATIONS

I'm happy to report we had a fabulous first Caissa Conversation! The topic was digital assets and we had a great variety of professionals in the room to participate in and add valuable insight to the conversation. Everyone was taking notes, there was a lot to learn! I want to thank Jon Schindel for co-presenting with me on the topic. I can't wait until the next quarter's conversation – watch for details coming via email soon!



Torpedo Proofing Retirement Visions

## SPRING MAKEOVERS!

For clients and colleagues who visit us regularly, you might have to take a second look when you venture in next. Our building has been sold to new owners who will be renovating the outside from blue to grey. They're also completely remodeling the 1<sup>st</sup> floor entry. It's possible that there will be some construction over the next few months but we will try to keep you posted on anything that would affect your visit.

In the spirit of changing things up, I recently did this myself! If you are looking for me at a lunch or meeting, start scanning the room for brown hair instead of blonde. I often forget about the change when I see people, but have been enjoying my time as a brunette. Plus, it's been fun for clients to see me with my new do!

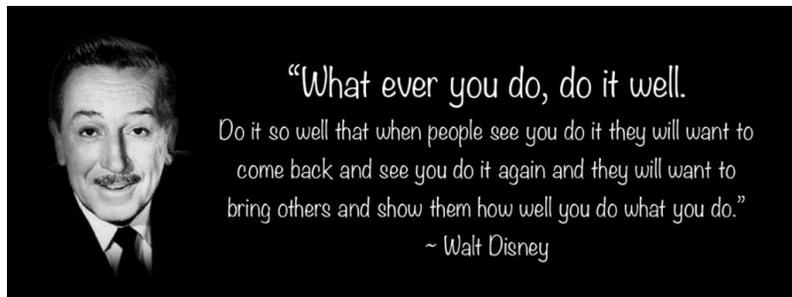
## EATER EGG HUNT, OH MY!



Dillon attended his first “real” Easter Egg hunt last week. He was so excited to get *all* of the eggs, and kept throwing them THROUGH the handle - only one landed in his basket. Thankfully, his cousin who adores him shared some of his bounty.

My husband dressed up as the Easter Bunny but was quickly ‘outed’ by Dillon. I think the bunny costume will start to gather some dust.

I know... this quote was in last month's note but I liked it so much I left it. It's my note. 😊





*So how do the eggs and that crazy bunny associate with Easter? A Goddess of course!*

We forget today, when we can go to the supermarket any time and pick up a dozen, that eggs once were a seasonal commodity. In nature, birds don't lay eggs year round. Their egg laying cycles are regulated by amount of daylight. When days grow short, so do fresh eggs.

When does laying season begin? You guessed it, after the vernal equinox. And chickens, if they were free-range, would hide eggs everywhere at that this time of year. Even in the grass!

But there's no Easter chicken—so do the bunnies lay the eggs?

Well, actually, according to myth, at least one does. And it's a hare, not a rabbit.

In Europe, the hare is a nocturnal creature—until mating season, that is. Then, there are bunnies all over the place all day, in a frenzy of fertility.

The [totem of Eostre](#) is a hare. According to the story, the goddess can turn into a hare at will. In one legend, the goddess comes upon an injured bird, who she saves by turning into a hare, this being the animal form she is strongest in. Yet having been a bird, this hare could still lay eggs. In gratitude to the goddess, the bird has laid colored eggs on her feast day ever since.

If all that isn't enough, there's always the [German Osterhase](#), literally the “Easter hare” in English. This hare was brought to America with the German settlers in the 1700's. In a variation of the above legend, Eostre changed her pet bird into a hare that could lay colored eggs to amuse children, of whom she is particularly fond.